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House to House Heart to Heart

VOLUME 30 NUMBER 11

Defeating the

ENEMIES

Within

Allen Webster



Watch
on youtube



Christians have enemies without—the devil, ungodly government, persecutors—but the enemies most likely to keep us out of heaven are within. Flip Wilson was famous for saying, “The devil made me do it.” Although the devil does tempt, he cannot make anyone sin. Have you heard it said of someone, “He is his own worst enemy”? That is true of most of us. The three great enemies to a godly life are lust of the flesh, lust of the eyes, and the pride of life (1 John 2:15–17). Since Christ will save us from our sins, but not *in* our sins, we must defeat these enemies.

THE LUST OF THE FLESH

Christians must deny “ungodliness and worldly lusts” and then “live soberly, righteously, and godly” in this present world (Titus 2:12). Humans are composed of a soul in a body. We are rational creatures capable of determining our own actions. Consequently, the abilities, inclinations, and appetites of both soul and body must be considered. As it is ridiculous that a beast should ride a man, so the physical man should not have dominion over the rational and spiritual man.

The word translated as *lust* in 1 John 2:16 is a neutral word. It is used of good desires in three New Testament passages: Luke 22:15–16; Philippians 1:23; 1 Thessalonians 2:17. Most of the time it is used of sinful desires.

The lust of the flesh is an evil desire for sinful physical pleasures.

- “If you live according to the flesh, you will die; but if by the Spirit put to death the deeds of the body, you will live” (Romans 8:13).
- “Make no provision for the flesh, to fulfill its lusts” (Romans 13:14).
- “Walk in the Spirit, and you shall not fulfill the lust of the flesh” (Galatians 5:16).
- “When they speak great swelling words of emptiness, they allure through the lusts of the flesh, through lewdness” (2 Peter 2:18).

There are two levels of sinful pleasures—those strictly forbidden and those wrong only in excess, such as overindulgence in food, drink, and entertainment. Lusts of the flesh come from three primary desires:

- Food (reveling, banqueting, gluttony) (Galatians 5:21; 1 Peter 4:3; Deuteronomy 21:20). The lust of the flesh was what both Eve and Jesus faced (Genesis 3:6; Matthew 4:2-3). Some have made their belly their god (Philippians 3:19; cf. 1 Samuel 2:11-16). “The people sat down to eat and drink, and rose up to play” (1 Corinthians 10:7).
- Drink (drunkenness, excess of wine) (Ephesians 5:18; 1 Peter 4:3). Solomon wrote,

Wine is a mocker, strong drink is a brawler, and whoever is led astray by it is not wise. . . . Who has woe? Who has sorrow? Who has contentions? Who has complaints? Who has wounds without cause? Who has redness of eyes? Those who linger long at the wine, those who go in search of mixed wine. Do not look on the wine when it is red, when it sparkles in the cup, when it swirls around smoothly; at the last it bites like a serpent, and stings like a viper. Your eyes will see strange things, and your heart will utter perverse things (Proverbs 20:1; 23:29-33).

Richard Blummer wrote of Satan’s lies about alcohol:

We drink for joy and become miserable. We drink for sociability and become argumentative. We drink for sophistication and become obnoxious. We drink to help us sleep and wake exhausted. We drink for exhilaration and end up depressed. We drink to gain confidence and become afraid. We drink to make conversation flow and become incoherent. We drink to diminish problems and see them multiply.¹

Drugs also fit into this category (e.g., marijuana, cocaine) (cf. Romans 6:13).

- Sex (adultery, fornication, uncleanness, lewdness, lusts, covetousness, evil desire) (Galatians 5:20-21; Colossians 3:5). The marital bed is honorable (Hebrews 13:4; Matthew 19:9; 1 Corinthians 7:1-5), but other sexual activity is not. *Adultery* describes all illicit sexual relations between one or more married individuals. *Fornication* is a broad term describing any illicit sexual conduct, including premarital sex, and all deviant sexual activity, including homosexuality and bestiality. Works of the flesh keep people from heaven (Galatians 5:19-21). They must be “put to death” (Colossians 3:5).

These are the darkest days America has known. Christians live in a modern-day Sodom with constant tormenting of their souls (Genesis 19; 2 Peter 2:7-8). Children and teens are bombarded with the flesh—drugs, alcohol, sexual perversion, and greed.

To avoid the lusts of the flesh, Christians must understand how sin works and set a strict guard to watch for temptations. James wrote, “Each one is tempted when he is drawn away by his own desires and enticed. Then, when desire has conceived, it gives birth to sin; and sin, when it is full grown, brings forth death” (James 1:14-15). The chaste Joseph is a good example of resisting lust. He repulsed Potiphar’s wife’s solicitations (Genesis 39). Eyes and ears are doors through which sin and death can enter. Polycarp used to stop up his ears at the wicked speeches of heretics. We must keep our bodies in subjection (1 Corinthians 9:27).

THE LUST OF THE EYES

This is the desire to own something because it is beautiful or valuable.

Sight is the largest inlet to sin. Because the mind is influenced by external objects, the eyes must be regulated as far as

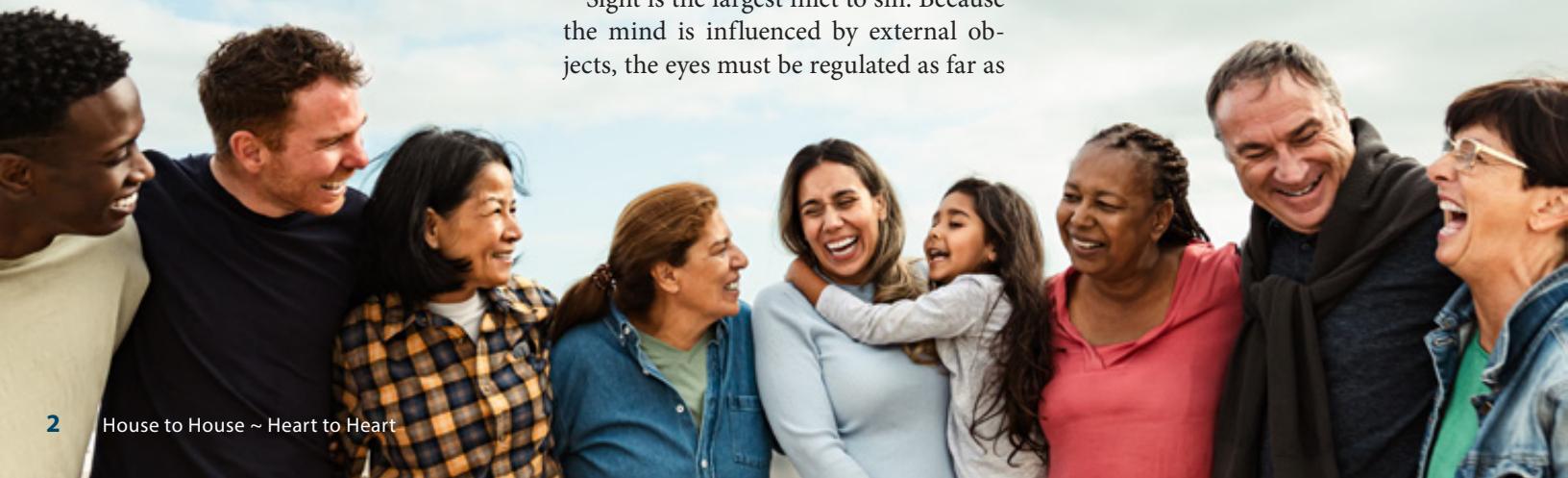
possible. These vanities are so alluring to the corruption in our hearts, that without constant watching and prayer, we cannot escape the world or obtain victory over the god and prince of it. Job made a covenant with his eyes (Job 31:1). In contrast, some followed their eyes:

- The sons of God saw that the daughters of men were beautiful and took them (Genesis 6:2).
- “When Shechem the son of Hamor the Hivite, prince of the country, saw her, he took her and lay with her, and violated her” (Genesis 34:2).
- Potiphar’s wife saw Joseph was good-looking and wanted to sin with him (Genesis 39:7).
- Achan saw a Babylonian garment, silver, and gold and took them (Joshua 7:21).

“Do not lust after her beauty in your heart, nor let her allure you with her eyelids” (Proverbs 6:25; cf. 2 Samuel 11:2; Matthew 5:28). Some have “eyes full of adultery” (2 Peter 2:14). The Greek historian Xenophon says Cyrus, the King of Persia, would not even look at the fair Panthea, the wife of King Abradaras. She was taken in battle and reserved for him by one of his captains. When one told Cyrus that her beauty was worth seeing, he answered that therefore it was more necessary to abstain from seeing it.²

THE PRIDE OF LIFE

This includes desire for honor, preferment, applause, and revenge (even physical violence and murder). To be proud of one’s beauty, strength, intelligence, wealth, success, accomplishments, possessions, business, or ambition is to be guilty of the pride of life. One can even be proud of unusual things—poverty, social



causes, healthy eating, or driving an old car. It includes desiring to

- Get credit for things that others (or God) did.
- Make a name for ourselves (Genesis 11:4). Though we are to value a good name, we are not to desire our own glory.
- Feel more valued than others, as Ananias did (Acts 5:1–12).
- Have positions of power over others to feed our ego. The hermit Ammonius cut off his ear to avoid being chosen as a priest.³
- Do things for the sake of bragging rights.

Those who desire to be great should be the greatest servants (Matthew 23:11). King Saul is one of many Bible characters who allowed pride to destroy him (1 Samuel 15:1–23).

In the parable of the Pharisee and the publican (Luke 18:9–14), the Pharisee thought he was better than others. He should have thought of Solomon's words, "The fear of the LORD is to hate evil; pride and arrogance and the evil way and the perverse mouth I hate" (Proverbs 8:13).

"When pride comes, then comes shame" (11:2); "by pride comes nothing but strife" (13:10); "Pride goes before destruction, and a haughty spirit before a fall" (16:18).

Pride leads to other sins, such as hatred, contentions, wrath, selfish ambitions, dissensions, and heresies (Galatians 5:20–21). Pride keeps Christians from acknowledging sin or repenting of sin, especially when the sin is public (James 5:14–16). Irrational pride keeps some from saying to others, "I am sorry. I have sinned."

Matthew Henry wrote: "The things of the world quickly fade and die away; desire itself will ere long fail and cease, but holy affection is not like the lust that passes away. The love of God shall never fail."⁴

Endnotes

¹ Source Unknown

² "Xenophon, *The Cyropaedia*, vol. 5, trans. Henry Graham Dakyns (New York: Tandy-Thomas, 1909), 64–66.

³ *Lesser Feasts and Fasts 2018* (New York: Church Publishing, 2019), 490.

⁴ Matthew Henry, *Matthew Henry's Concise Commentary on the Bible* (Christian Classics Ethereal Library, 2011), 1122.



Make Someone's Day

Recently, we were in the dining area of a hotel when an elderly gentleman came into the room. He was by himself. He was obviously struggling with his walker. There were several in the dining area eating, as we were. One lady noticed him and left her food and table and went to the man. She asked if she could go through line with him and help him. His gratitude showed.

After the plate was filled, she placed him at a table, brought his coffee, and offered to cut anything that he needed cut. He was so grateful. You could tell that she had made his day.

Stop and consider what she did. It probably took her about five minutes, and it did not cost her anything, but she made his day. She reminded me of the good Samaritan. —Harry Goff

A Home Without a Bible?

What would your home be like without a Bible? Would it be just as it is now, or would it be very different?

What is a home without a Bible?
‘Tis a home where day is night.

Starless night, for o'er Life's path,
heaven can shed no kindly light.

What is a home without a Bible?
‘Tis a home where daily bread

For the body is provided,
but the soul is never fed.

What is a home without a Bible?
‘Tis a family out at sea,

Compass lost and rudder broken,
drifting, drifting, thoughtlessly.

—Based on a hymn by John Henry Newman

"With my whole heart have I sought You; oh, let me not wander from Your commandments! Your word I have

*hidden in my heart, that I might not sin against You. Blessed are You, O LORD!
Teach me Your statutes. With my lips I have declared all the judgments of Your mouth. I have rejoiced in the way of Your testimonies, as much as in all riches."*

PSALM 119:10–14



God's Plan for Saving Man

Divine Love: John 3:16

God's Grace: Ephesians 2:8

Christ's Blood: Romans 5:9

Holy Spirit's Word: 1 Corinthians 2:12–13

Sinner's Faith: Acts 16:31

Sinner's Repentance: Luke 13:3

Sinner's Confession: Romans 10:10

Sinner's Baptism: Acts 22:16

Christian's Love: Matthew 22:37

Christian's Work: James 2:24

Christian's Hope: Romans 8:24

Christian's Endurance: Revelation 2:10



Thoughts to Ponder

If stores are lowering prices every day, how come nothing is free yet?

We could learn a lot from crayons. Some are sharp, some are pretty, some are dull, some have weird names, and all are different colors. But they all live in the same box.

If not for stress, some days I'd have no energy at all.

Everyone has a photographic memory. Some just don't have film.

If you can't be kind, at least be vague.

If the shoe fits, buy it in every color.

— Glenn Hitchcock

"A merry heart makes a cheerful countenance."

PROVERBS 15:13

A Child's View

A father was at the beach with his children when the four-year-old son ran up to him, grabbed his hand, and led him to the shore where a seagull lay dead in the sand. "Daddy, what happened to him?" the son asked. "He died and went to heaven," the dad replied. The boy thought for a moment and then said, "Did God throw him back down?"

"A time to laugh."

ECCLESIASTES 3:4



To watch videos, read articles, answer Bible questions, and more go to housetohouse.com

Wrong Is Always Wrong



In a time of sagging morals, Satan provides rationalizations for improper behavior. Christians must not be "ignorant of his devices" (2 Corinthians 2:11). Wrong is wrong despite efforts to excuse actions.

Wrong is wrong, even if you do not get caught. From little things like littering the highways and breaking the speed limit to more serious offenses such as adultery and stealing, our society seems to think the only wrong is getting caught. It just isn't so. "The eyes of the Lord are in every place, keeping watch on the evil and the good" (Proverbs 15:3).

Wrong is wrong, even if you do it for a good cause. An honorable purpose does not justify a dishonorable deed. Lying

to spare someone's feelings is still lying. Cheating on your taxes is still cheating even if you plan to use that money for charity.

Wrong is wrong, even if others do worse things. It will be little comfort at the judgment, if you should be lost, that others you knew did things considered worse than your sin.

Wrong is wrong, even if it does not bother your conscience. Consciences can be trained to accept wrongdoing, but sin is a transgression of God's law (1 John 3:4), and whoever transgresses God's law sins, even if his conscience approves (cf. Acts 23:1).

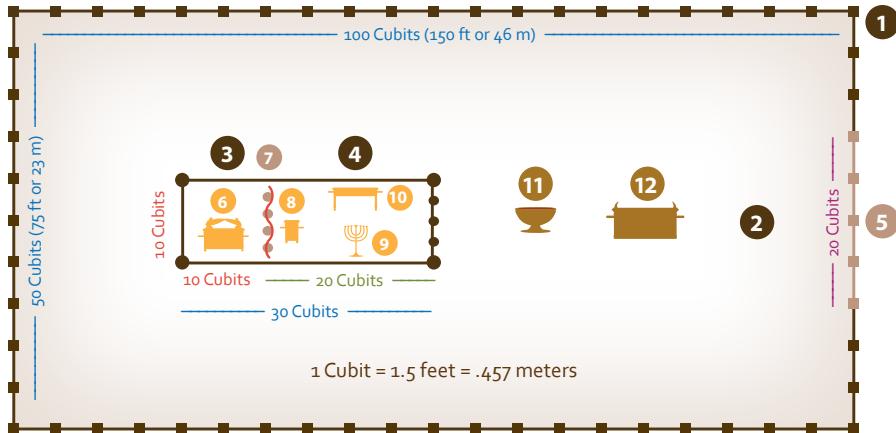
Wrong is wrong, even if it is commonly considered acceptable. A Christian is told "do not enter the path of the wicked, and do not walk in the way of evil. Avoid it, do not travel on it; turn away from it and pass on" (Proverbs 4:14-15). "Test all things; hold fast what is good. Abstain from every form of evil" (1 Thessalonians 5:21-22). —Adapted from Pat McGee

"Woe to those who call evil good."

ISAIAH 5:20

Just for Fun Label the Parts of the Tabernacle

Most Holy Place (Exodus 26:33-34)	Table of Showbread (Exodus 25:27-30)	Brass (Brazen, Bronze)
Ark of the Covenant (Exodus 25:10-22; 40:1-21)	Golden Lampstand (Exodus 25:31-40; 30:7-8)	Altar (Exodus 27:1-8)
Veil (Matthew 27:50-51)	Holy Place: (Exodus 26)	Tabernacle Fence (Exodus 27:9-19)
Altar of Incense (Exodus 40:5)	Brass (Brazen, Bronze)	Courtyard (Exodus 27:9-19)
	Laver: (Exodus 30:17-20)	Gate (Exodus 27:12-19)





The First Three Truths of an Educated Mind

There is a God. Something exists (the universe), therefore something always was, because from nothing comes nothing. If nothing is what always existed, then nothing got to work and created something! But what rational person can believe that? Further, what had always existed was either mind or matter. There are no other possibilities. If it was matter that had always existed, then in time matter either created or evolved into mind (intelligence). Who can believe that?

The reality is that a Supreme Being of intelligence is what (Who) has always existed, and “in the beginning God [the Supreme Being of intelligence] created the heavens and the earth” (Genesis 1:1). “The heavens declare the glory of God;

and the firmament shows His handiwork” (Psalms 19:1). “Every house is built by someone, but He who built all things is God” (Hebrews 3:4). Only a fool can deny the existence of God (Psalm 14:1). The atheist needs to use the mind given to him by God and overcome his rejection of God.

Jesus Christ is the Son of God. Christ existed with God from all eternity as the Word. In time, He “became flesh and dwelt among us” (John 1:1–3, 14). He was miraculously conceived by the Holy Spirit in the womb of the virgin Mary (Matthew 1:18–23; Luke 1:26–35). This means “God sent forth His Son, born of a woman” (Galatians 4:4). Jesus allowed Himself to be acknowledged as God’s

Son (Matthew 3:17; 16:16; 17:5), something a good and honest man would never do if it were not true!

The Bible is the Word of God. “For this reason we also thank God without ceasing, because when you received the word of God which you heard from us, you welcomed it not as the word of men, but as it is in truth, the word of God, which also effectively works in you who believe” (1 Thessalonians 2:13). “These things we also speak, not in words which man’s wisdom teaches but which the Holy Spirit teaches, comparing spiritual things with spiritual” (1 Corinthians 2:13). Indeed, “All Scripture is given by inspiration of God” (2 Timothy 3:16–17).

—Adapted from Hugh Fulford

Cut out this section and mail it to the address on the front.

Bible Quiz

VOLUME 30:11

Send us your answers to receive a free Bible bookmark. We will grade and return your questions and enclose the bookmark “Chapter to Chapter – Exodus” as a way of saying thanks for spending time in the Word (quantities may be limited).

Name: _____
Address: _____
City/State: _____
Phone: _____

Questions are taken from the New King James Version.

Answers to Previous Quizzes

V. 30:9 Facts about the Apostles: 1. Simon Peter and Andrew (Matthew 4:18–20); 2. Matthew (also called Levi) (Matthew 9:9); 3. Fishermen (Matthew 4:18–22); 4. Thomas (John 20:24–29); 5. Judas Iscariot (Matthew 26:14–16); 6. Matthias (Acts 1:23–26); 7. Peter (Matthew 14:28–29); 8. Peter (Luke 22:56–62); 9. Peter (Acts 2:14–40); 10. John (John 13:23; 21:20); 11. John (Revelation 1:9); 12. Simon the Zealot (Luke 6:15); 13. Andrew (John 1:40–42); 14. Philip (John 14:8); 15. Judas (not Iscariot) (John 14:22); 16. James the brother of John (Acts 12:1–2); 17. Nathanael (John 1:45–46); 18. Thomas (John 11:16); 19. John (John 21:22–23—tradition supports this); 20. Paul (Romans 1:1; Galatians 1:1; 2 Timothy 1:1).

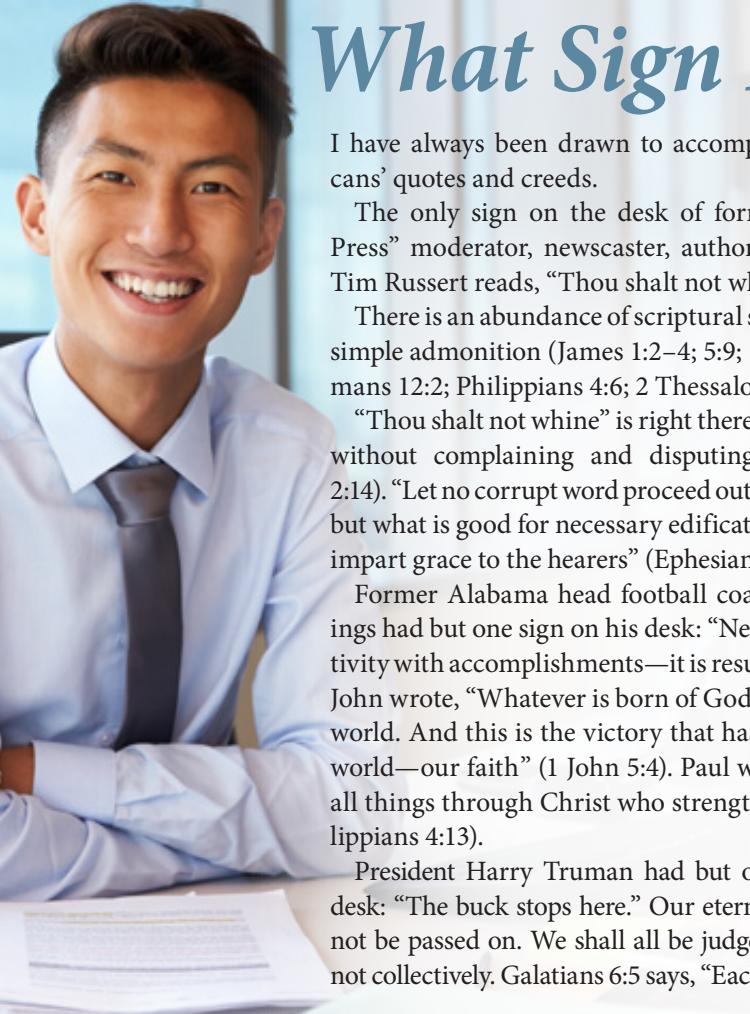
V. 30:10 One Dozen Scriptures for Parents: 1. Heritage, reward (Psalm 127:3); 2. Wrath, admonition (Ephesians 6:4); 3. Children, refuge (Proverbs 14:26); 4. Train, depart (Proverbs 22:6); 5. Lord, house (Psalm 127:1); 6. Teach, diligently, talk (Deuteronomy 6:7); 7. Sows (Galatians 6:7); 8. Wise, companion (Proverbs 13:20); 9. Sons, daughters (Psalm 144:12); 10. Chasten (Proverbs 19:18); 11. Father, mother (Proverbs 1:8); 12. Good (Ephesians 6:8).

Getting to Know the Unknown God

Find answers in Acts 17. Questions are taken from the New King James Version.

1. The apostle Paul waited for his fellow workers in what city? _____
2. The citizens of this city were “given over to _____.”
3. Paul reasoned with Jewish and non-Jewish worshipers in the _____ and with wider audiences “in the _____ daily.”
4. When Paul “preached to them _____ and the _____” some listeners concluded the apostle proclaimed “foreign gods.”
5. The Athenians gave attention to the “strange things” they were hearing because of a custom to “tell or to hear some _____.”
6. Paul perceived the Athenians to be “_____”
7. What altar inscription caught the apostle’s attention? “TO _____.”
8. The “Lord of heaven and earth” made “the _____ and _____ in it.”
9. The Creator does not dwell in “_____ made with hands.”
10. Needing nothing, God is not worshiped with what? _____

What Sign Is on Your Desk?



I have always been drawn to accomplished Americans' quotes and creeds.

The only sign on the desk of former "Meet the Press" moderator, newscaster, author, and attorney Tim Russert reads, "Thou shalt not whine."

There is an abundance of scriptural support for this simple admonition (James 1:2-4; 5:9; 1 Peter 4:9; Romans 12:2; Philippians 4:6; 2 Thessalonians 3:11-18).

"Thou shalt not whine" is right there: "Do all things without complaining and disputing" (Philippians 2:14). "Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers" (Ephesians 4:29).

Former Alabama head football coach Gene Stallings had but one sign on his desk: "Never confuse activity with accomplishments—it is results that count." John wrote, "Whatever is born of God overcomes the world. And this is the victory that has overcome the world—our faith" (1 John 5:4). Paul wrote, "I can do all things through Christ who strengthens me" (Philippians 4:13).

President Harry Truman had but one sign on his desk: "The buck stops here." Our eternal reward cannot be passed on. We shall all be judged individually, not collectively. Galatians 6:5 says, "Each one shall bear

his own load." Paul echoed, "We must all appear before the judgment seat of Christ, that each one may receive the things done in the body, according to what he has done, whether good or bad" (2 Corinthians 5:10).

Many others displayed desk signs that could have simply been quoted from the Bible. Eleanor Roosevelt may have thought of Philippians 4:13 when she displayed these words: "No one can make you feel inferior without your consent." Rosa Parks said, "Memories of our lives, of our works, and our deeds will continue in others" which might be based on "Train up a child in the way he should go, and when he is old he will not depart from it" (Proverbs 22:6). Vince Lombardi said, "It's not whether you get knocked down, it's whether you get up." Luke 1:37 tells us that "with God nothing will be impossible." "All who desire to live godly in Christ Jesus will suffer persecution" (2 Timothy 3:12).

Refreshing, uplifting, and affirming Scriptures can guide us on our way, just like the signs on our desks. What sign is on your desk? —Bill Lundy, Cedartown, Georgia

"Let us not grow weary while doing good, for in due season we shall reap if we do not lose heart."

GALATIANS 6:9

Cut out this section and mail it to the address on the front.

Recommended Resource



Faith and resilience are the driving forces behind the series **"Tempered."** These ladies share their stories of trauma, loss, and the profound ways their beliefs carried them through the darkest of times with honesty and courage. <https://shorturl.at/xDKDw>

I want to learn more **about the Bible!**

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Chapter to Chapter NUMBERS

This chart is part of a memory system for learning the key people, events, topics, and verses of all 929 Old Testament chapters.

INTRODUCTION

Written by Moses, Numbers recounts Israel's 40-year journey through the wilderness, marked by rebellion, judgment, and God's continued provision. It derives its name from two censuses taken of the people. It was likely written between 1446 and 1406 BC.

CHAPTER/TOPICS

1. The first census of Israel's fighting men.
2. The tribes camp in order around the tabernacle.
3. The sons of Aaron are set apart as priests.
4. Duties of the Kohathites for holy things.
5. Confession and restitution.
6. The priestly blessing: "The Lord bless you and keep you."
7. Leaders bring offerings to dedicate the altar.
8. Levites begin their service in the tabernacle.
9. Observance of the Passover.
10. Israel sets out from Sinai.
11. Israel complains, and God sends quail—and a plague.
12. Miriam and Aaron challenge Moses' leadership.
13. Twelve spies report on Canaan—ten fear, two trust.
14. Israel rebels and is sentenced to wander 40 years.
15. Tassels are commanded as a reminder to obey.
16. The earth swallows Korah and his rebellion.
17. Aaron's rod buds as proof of his priesthood.
18. Duties and provisions for priests and Levites.
19. The red heifer ritual for purification.
20. Moses strikes the rock and disobeys God.
21. The bronze serpent brings healing.
22. Balaam's donkey speaks.
23. Balaam blesses Israel instead of cursing them.
24. A prophecy of a Star rising from Jacob.
25. Israel sins with Moab—plague follows.
26. A second census is taken of the new generation.
27. Joshua is chosen to succeed Moses.
28. Daily offerings and festival regulations.
29. More offerings for the appointed feasts.
30. Vows must be kept—integrity in speech.
31. Israel defeats Midian in battle.
32. Reuben and Gad request land east of the Jordan.
33. A review of Israel's journey from Egypt.
34. Boundaries for the land of Canaan are set.
35. Cities of refuge are appointed for justice.
36. Inheritance rules for daughters in Israel.

VERSES

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The Obituary of Jesus

Jesus Christ, 33, of Nazareth, died Friday on Mount Calvary, also known as Golgotha, Place of the Skull.

Betrayed by the apostle Judas into the hands of His Jewish enemies, Jesus was executed by the Romans, by order of Governor Pontius Pilate. The cause of death was crucifixion, a method of severe torture that resulted in death from a combination of loss of blood, exposure, and asphyxia.

Jesus Christ, a descendant of Abraham, was a member of the house of David. He was the step-son of the late Joseph, a carpenter of Nazareth, and Mary, His devoted mother. Jesus was born in a stable in the city of Bethlehem Judea. He is survived by His mother Mary, His brothers and sisters, His faithful apostles, numerous local disciples, and many followers elsewhere.

Jesus was self-educated and spent much of His adult life working as a teacher. Up until the time of His death, Jesus was sharing good news, challenging religious hypocrisy, touching the lonely, feeding the hungry, and helping the poor.

Jesus was most noted for telling parables about His Father's kingdom and performing miracles such as feeding 5,000 people with five loaves of bread and two fish and stilling a raging storm. It is also commonly reported that He healed many patients, including a man who was born blind.

On the day before His death, He held a last supper celebrating the Passover Feast, at which He foretold His death.

The body was quickly buried in a stone grave, which was donated by Joseph of Arimathea, a loyal friend of the family. A stone was rolled in front of the tomb, and, by order of Pontius Pilate, Roman soldiers were put on guard.

"There they crucified Him."

JOHN 19:18



The Rule of Three

*Three things to govern—
temper, tongue, and conduct.*

*Three things to cultivate—
courage, affections, and gentleness.*

*Three things to command—
thrift, industry, and promptness.*

*Three things to despise—
cruelty, arrogance, and ingratitude.*

*Three things to wish for—
health, friends, and contentment.*

*Three things to admire—
dignity, gracefulness, and intellect.*

*Three things to give—
alms to the needy, comfort to the sad,
and appreciation to the worthy.*

—Ernest S. Underwood

“Be kind.”

EPHESIANS 4:32

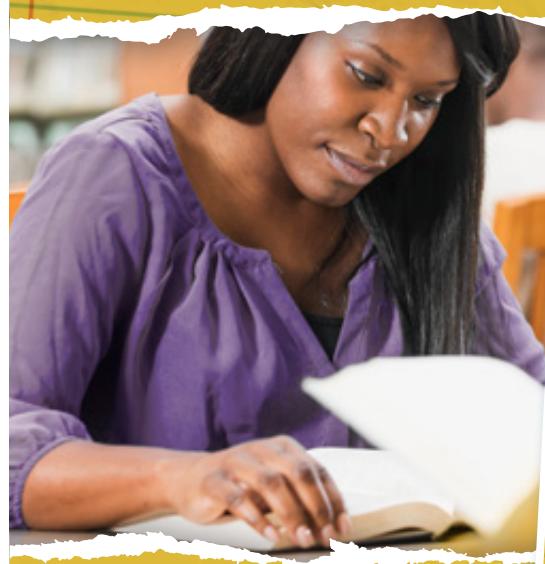


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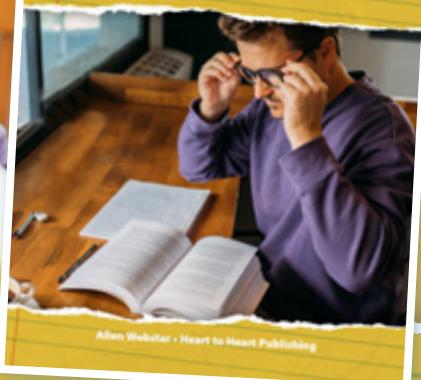
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